

THE CAUSE

Uptown Wadesboro, Inc. is teaming up with the National Alopecia Areata Foundation to bring the first ever Tortoise and Hair 5K Race to the streets of Wadesboro. This race has been organized not only to expose the beauty and business district of Uptown Wadesboro, but to more importantly raise funds and create awareness for alopecia areata.

Alopecia areata is a misunderstood autoimmune disease which is a disease that causes hair loss. For more information visit the NAAF website at www.naaf.org

After the race, plan on joining us for our 27th *2010 People Fest* annual

People Fest is a street festival that takes place every year in the heart of Uptown Wadesboro. It is a day where we celebrate our community and the people who make our community a great place to call home.

For Lodging visit

www.discoveranson.com

Tortoise & Hair 5K: Important Dates

Register by August 1st to enter into a drawing to win a free pair of running shoes

Register by September 20th to receive a race t-shirt.

Tortoise & Hair 5k ROAD RACE COURSE

Start @ E. Morgan & S. Greene
Travel Straight down S. Greene
Fork left on S. Greene St.
Turn left onto Ashe St.
Turn Right onto Morven Rd
Right onto Willow St.
Left onto Center St.
Left onto Burns St.
Turn left back onto Morven Rd.
Right onto Leak Ave.
Right onto E. View Street
Stay Straight on E. View
Turn left onto Brent St.
Stay Straight and Brent becomes Lee Ave. Turn Left onto E. Martin
Turn left on N. Washington
Stay Straight and Finish at The Methodist Church

Uptown Wadesboro



5K & 1 Mile Walk/Run

**Saturday, October 9th, 2010
8:00 AM START
@ Presbyterian Church
Garden**

**\$20.00 Entry Fee
(\$30.00 DAY OF RACE)**

**One Mile Fun Run
For Kids 12 and Younger
Starts at 7:30 am
\$10.00 Entry Fee**



**WWW.UPTOWNWADESBORO.COM
WWW.NAAF.ORG**

Tortoise & Hair 5K & 1 Mile Walk/Run

**SATURDAY, OCTOBER 9TH, 2010 – 8:00 A.M. START
\$20.00 REGISTRATION FEE (\$30.00 DAY OF RACE)**

- The Tortoise & Hair 5k takes participants through beautiful Wadesboro
- Wadesboro is less than 45 minutes from Albemarle, Rockingham and Monroe
- For more info, call 704.694.9513 or email wadesboroturite@gmail.com

Tortoise & Hair 5k Run/Walk Registration Form

Mail to: Uptown Wadesboro, Inc., P.O. Box 340, Wadesboro, NC 28170
Register at H.W. Little or ONLINE @ www.active.com

TODAY'S DATE ___/___/10

Participant Information (Please Print)

Please make checks payable
to: Uptown Wadesboro, Inc.

Name

Street Address

City/State/Zip

Phone

Gender

Email

Age on Race Day

Preferred Shirt Size:

___ Youth Medium

___ Youth Large

___ Small

___ Medium

___ Large

___ X-Large

___ 2X Large

Participating in the Tortoise & hair 5K
Road Race is a potentially hazardous

activity. I agree to abide by any decision by race officials. I assume all risks associated with participating in this event including, but not limited to falls, contact with others or injury from cars. Having read this waiver and in consideration of entry acceptance, I, for myself or anyone entitled to act on my behalf, waive and release all sponsors of this event, Uptown Wadesboro, Inc., Sponsors, event committees, representatives and successors from all claims or liability arising out of participation in this event. I grant permission to use my photograph, motion pictures, recordings or other record of this event for legitimate purposes. I, intending to be legally bound hereby, for myself, my heirs, executors and/or administrators, waive and release any and all rights and claims for damages I may have or that may accrue against the coordination committee or their agencies, officers and employees for any and all injuries suffered in the 2010 Tortoise and Hair 5K Road Race.

Printed Name: _____

Signature: _____

Parental Signature IF Under
18: _____